



Harmful Gambling: An introduction to the Workplace Charter Campaign

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Workplace Charter to Reduce Gambling Related Harms



Lancashire and South Cumbria NHS Foundation Trust sign the charter on 14th June 2021

Background and Context...

- 2005 Gambling Act
- Explosion in advertising
- The gambling industry in Great Britain is worth over £14 billion in terms of Gross Gambling Yield and employs around one hundred thousand people.
- Gambling Harm identified

Gambling Vs Harmful Gambling

Gambling

'To stake or risk money, or anything of value, on the outcome of something involving chance.'

Harmful Gambling

'An urge to gamble continuously despite negative or harmful consequences or a desire to stop.'



How big is the issue?

- According to the 2016 Health Survey (which is the most recent robust data) there are around **340,000** problem gamblers in Great Britain and another **2 million** people are at risk of becoming problem gamblers.
- Of those seeking help for their gambling **12% had lost a job due to gambling, 25% had lost a significant relationship, 77% were in debt** (15% in debt over £20,000).
- What is less well understood is the cost to the country of gambling harm – relationship/family breakdown, mental health problems, criminal activity to finance excessive gambling and in worst case scenario suicide.



ATM Model

Gambling activities require 3 key elements:
Access / Time / Money

Access



Time



Money



42% of adults (aged 16+) participated in some form of gambling in the last month and 25% in the last week. Gambling Commission (2021)



Links to health and wellbeing



Parity with drugs and
alcohol as an
'addiction'



Impact on families,
communities and in
the workplace



Depression



High risk of suicide



What is the offer?

Emphasis on
awareness raising,
prevention and
education

Help change the
culture- Provide a 'safe
space' for staff

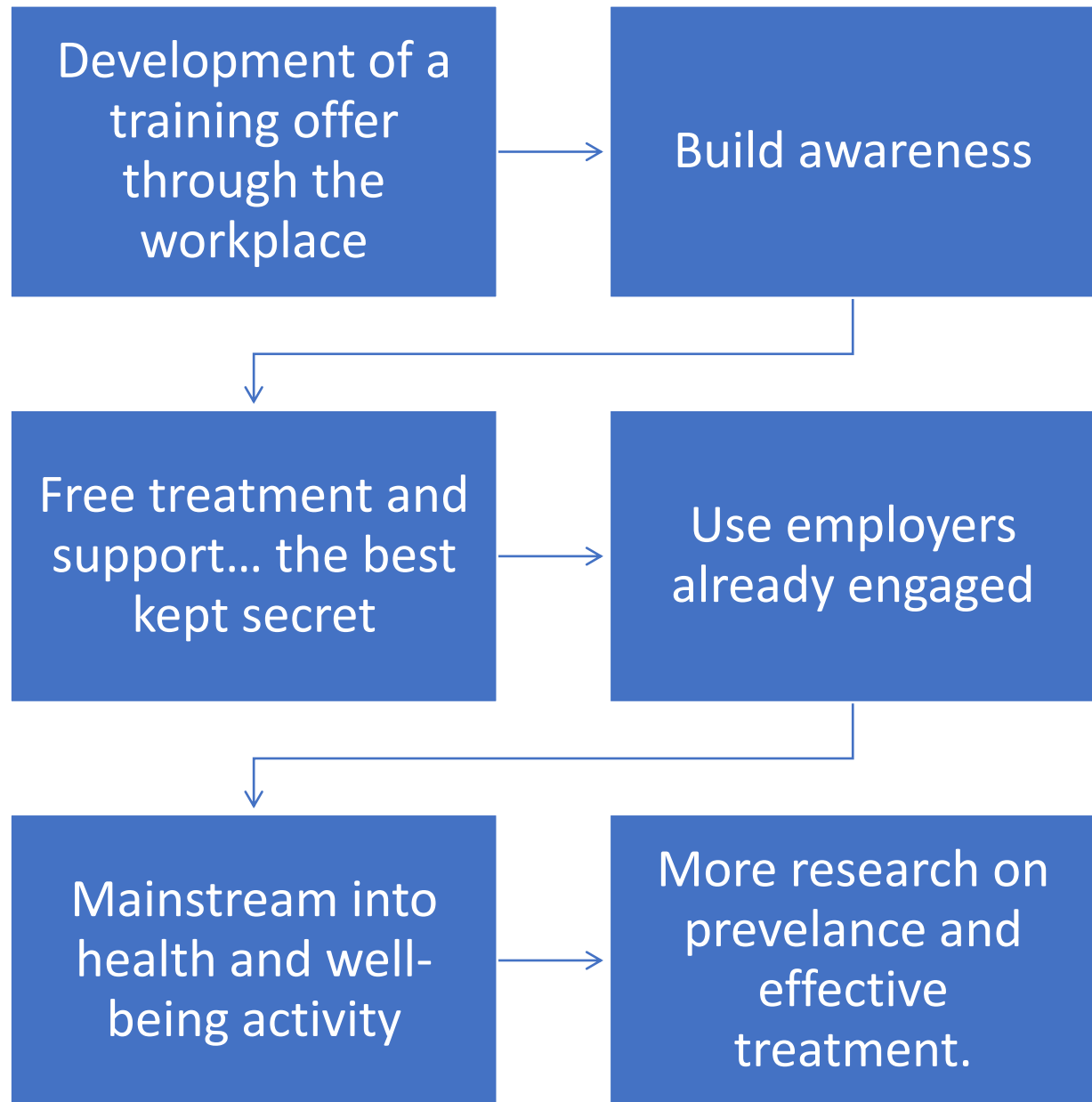
Provide support for
gamblers and affected
others

Work with employers,
staff and treatment
providers

Access to timely and
appropriate assistance
and information

Use network to
develop support
structure in workplaces
and communities

Next Steps





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